Feature	 Swedish AFO (e.g., Push AFO)	 Carbon Fiber AFO	 External Shoe-Mounted AFO	 Rigid Plastic AFO	 Functional Electrical Stimulation
Support type	Dynamic & flexible	Rigid with energy return	Mechanical lift via shoe attachment	Fully rigid	Muscle stimulation
Adjustability	Yes – user adjustable	No	Yes – tension adjustable	No	Limited
Comfort	High	Moderate	High	Low	Moderate
Shoe Compatability	Fits most shoes	Limited, may require a different shoe size	Requires sturdy lace-up shoes	Poor, may require a different shoe size	Excellent
Weight	Lightweight	Heavy	Lightweight	Medium weight	Lightweight
Best For	Moderate foot drop, daily use, active lifestyles	Athletic / high activity	Foot drop with shoe or skin sensitivity	Severe weakness	Select nerve conditions
Ease of use	Simple & intuitive	Moderate	Simple	Simple	Complex
Overall flexibility	High	Low	Moderate	Very low	Variable