

# Push<sup>®</sup> med Elbow Brace

Limits elbow extension, allows full flexion

- Prevents elbow overstretching with easy one-handed adjustable extension restriction
- Allows adjustments in small or large increments
- Withstands forces at variety of elbow angles due to robust strap configuration
- Allows easy application / removal with upper arm zipper
- Precludes brace slippage with close anatomical fit and internal silicone strips
- Controls elbow edema with circumferential elastic design



## Indications

- Persistent overuse of the elbow
- Persistent symptoms after elbow dislocation and / or fracture
- Osteoarthritis of the elbow
- Post-operative care following biceps tendon repair
- Any situation where full elbow extension / hyperextension is undesirable

## Measuring / Sizing

- Measure around the elbow as shown and choose a size from the chart. Note: If you are between sizes, it is ideal to try on the two closest sizes.



### Sizing: Right or Left Elbow

SIZE	INCHES	CENTIMETERS
1	8 <sup>5</sup> / <sub>8</sub> - 9 <sup>1</sup> / <sub>2</sub>	22 - 24
2	9 <sup>1</sup> / <sub>2</sub> - 10 <sup>1</sup> / <sub>4</sub>	24 - 26
3	10 <sup>1</sup> / <sub>4</sub> - 11	26 - 28
4	11 - 12 <sup>5</sup> / <sub>8</sub>	28 - 32
5	12 <sup>5</sup> / <sub>8</sub> - 14 <sup>1</sup> / <sub>8</sub>	32 - 36

## Insurance Information

- The innovative characteristics for some of the Push braces do not fit current L-code identifier categories; therefore, there is no L-code identifier for the Push med Elbow Brace.
- BraceLab is not a provider. We do not file insurance nor can we provide information on insurance coverage or reimbursement rates. Please contact your insurance for filing information.