BraceLab

Exclusive US distributor of push braces



Push® med Foot Brace FP - Foot/Heel Support Reinvented

A New Approach in the Treatment of Plantar Fasciitis

Clinical Taping Technique in a Wearable Form

Comfortable, Targeted Support From Morning to Night



- **Innovative Fascia Relief:** Based on proven taping technique developed by Belgian sports physician Filip Parmentier that connects the heel and the forefoot reducing tension on the plantar fascia without applying pressure to the sole.
- **All-Day Pain Management:** Effectively reduces fascia tension during all activities, providing relief for both acute and chronic plantar fasciitis and heel pain conditions.
- **Versatile Wear Options:** Thin, lightweight design, compatible with any footwear or barefoot, ensuring continuous support without limiting daily or sporting activities.
- **Customizable Comfort:** Self-adjustable crossing-straps design creates a stable, comfortable support structure that relieves pain without restricting movement.
- **Promotes Natural Healing:** Reduces heel bone tension to create optimal healing conditions rather than just masking symptoms while still maintaining functional freedom.



How it Works:

- Applies the proven taping technique to a convenient, reusable design
- Strong functional straps create a connection between the heel and forefoot, strategically reducing tension on the plantar fascia
- Unloads the fascia insertion at the heel bone without applying uncomfortable pressure to the sole of the foot
- Allows the injured tissue time to heal naturally while you continue your daily activities with reduced pain

Scan to Learn More



Indications:

- Plantar fasciitis
- Plantar heel pain

Contraindications:

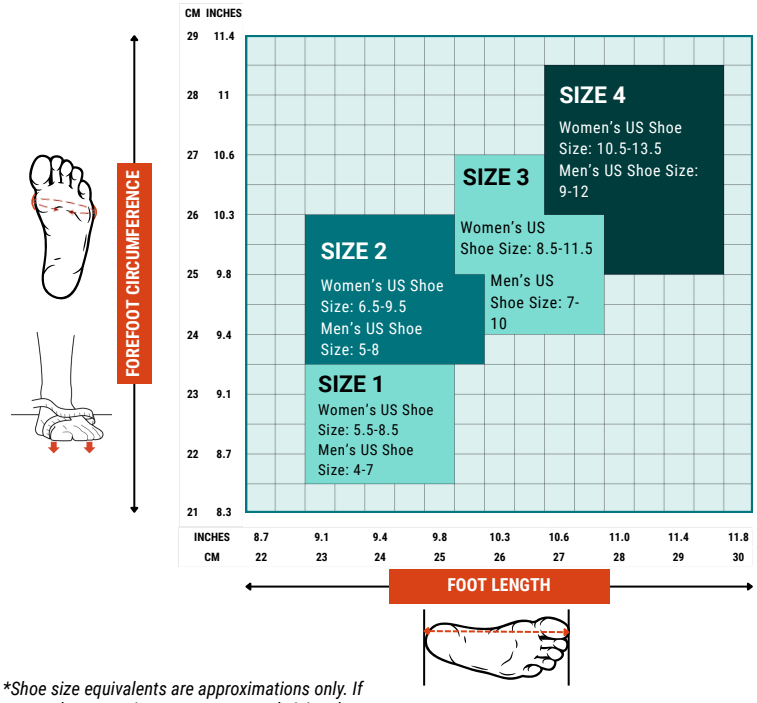
- Certain medical conditions may be negatively impacted by compression or local pressure, potentially aggravating complaints





Measuring/Sizing:

- Select **Left** or **Right**
- Measure around the ball of the foot and your foot length from toe to heel edge as shown.
  - When measuring your forefoot circumference, make sure you are bearing weight on the foot being measured.
- Cross reference the two measurements on the chart to choose the appropriate size.



**Shoe size equivalents are approximations only. If you are between sizes, we recommend sizing down.*

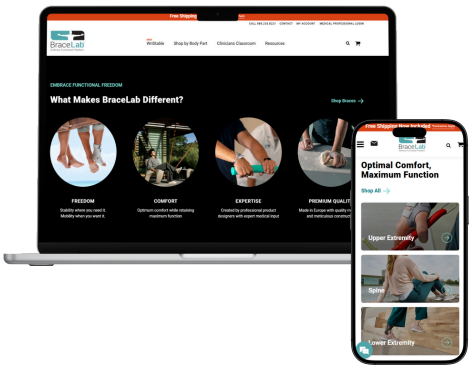
How to Apply:

To ensure you experience the full support and pain relief benefits of the Push med Foot Brace FP, we recommend watching the application video and following the steps below.

- Open all straps
- Pull the brace over the forefoot to the base of the big toe
- Wrap the anchor strap over the inside of the foot and close.
- The heel part can now be pulled over the heel- Make sure the sole of the foot at the heel is free of textile
- Pull the strap from the inside of the heel diagonally under the foot.
- Close the strap on the outside of the forefoot part.
- Pull the strap from the outside of the heel under the foot. When necessary, open and attach under the tab. Close the strap on the inside of the forefoot part.
- Close the tab.



Application Video



Ordering with BraceLab

- Order via **BraceLab.com** or phone with credit card
- Ask about our volume discounts or how to establish purchase order/billing account

To help your patients order directly:

- Download the Patient Information Sheet on the Push med Foot Brace FP product page
- Help patients determine the correct size
- Assure patients know how to apply the brace correctly